

## **Geauga County Department on Aging (GDA) Updates, April 2020**

Given the concerns surrounding the COVID-19 virus and more specifically the concerns regarding the older population contracting the virus, all Geauga County Department on Aging Senior Centers and Offices will be closed to the public until further notice.

All office appointments, out of county medical transportation and senior trash pick-up have been postponed until further notice. We apologize for any inconvenience.

Our staff are working and available to provide assistance, information and referrals to community partners. Please do not hesitate to call our office - we are here to help. Our Home Delivered Meals program continues to operate as usual. Seniors interested in receiving Home Delivered Meals can call 440-279-2138 to receive a Home Delivered Meals Eligibility Assessment.

Congregate Meals "To-Go" are available for pick up at each of our Senior Center locations. Seniors interested in receiving a Congregate Meal "To-Go" should call their local Senior Center (listed below) by 9:00AM the days they would like to pick up a meal. Offered Monday through Friday.

<b>Chardon Senior Center:</b>	<b>440-279-2126</b>
<b>Middlefield Senior Center:</b>	<b>440-632-0611</b>
<b>West Geauga Senior Center:</b>	<b>440-279-2163</b>
<b>Bainbridge Senior Center:</b>	<b>440-279-1313</b>

Non Perishable Food Items and Food Pantry Assistance are available. Our staff can assist with supplying basic nonperishable food items through our Senior Food Pantry or Local Food Pantry and then deliver these items to Geauga County seniors.

The Senior Home Safety Program is providing limited services on a case by case basis, for issues concerning safety, security and accessibility in and around the home. Seniors in need of Home Safety Services for immediate safety or accessibility issues should call 440-279-2130 for assistance and/or referrals.

We appreciate your understanding and support as we take responsible actions for the safety of our seniors and our community.

If you have questions or need additional information please call the GDA Administrative Office at (440) 279-2130, Monday through Friday - 8:00AM until 4:30PM.

**During this time we wanted to make this issue fun.  
You will find games and coloring ... Stay Safe!**



# What's New in this Issue

Geauga County  
Department on Aging

COVID-19 UPDATE..... 1

INDEX..... 2

ADULT DAY SERVICES..... 2

PATRONS (PLATINUM & GOLD)..... 3

HEAP..... 3

CORONAVIRUS OR FLU? ..... 4

TAX INFORMATION ..... 5

CLUBS, MEDICARE SAVINGS..... 5

GEAUGA WORD SEARCH ..... 6

ECONOMIC IMPACT PAYMENT ..... 7

CRWU COURSES ..... 7

ADULT COLORING PAGE..... 8

CENSUS ..... 9

COVID-19 AND RESOURCES ..... 10

LUNCH MENU ..... 11

ANSWER KEY ..... 12



**Color Me!**

## Get “Extra Help” With Medicare Part D Prescription Drug Costs!

Extra Help is a Medicare program that helps people with limited income and resources pay Medicare prescriptions drug costs. You may qualify if your monthly income and total resources are below these limits: Single: \$1,561/monthly with resources below \$14,390; or Married \$2,114/monthly with resources below \$28,720. **Contact a Department on Aging Social Worker for assistance with your application!** This project was supported, in part by grant number/s 1801OHMIDR and 1801OHMIAA from the U.S. Administration for Community Living, Department of Health and Human Services, and Washington, D.C. 20201.

**When the GDA re-opens** the Adult Day Service program is a FREE service for Geauga County residents who have beginning to mid stage dementia or Alzheimer’s disease. The program is offered Monday through Friday, 9:00 AM to 2:30 PM and includes transportation, daily activities and lunch. There is no charge for this program, but donations are greatly appreciated. ADS is located at 8090 Cedar Road in Chesterland. ADS Contact phone number (440) 279-2149, or email [vkrueger@co.geauga.oh.us](mailto:vkrueger@co.geauga.oh.us).

Scope of Service: ♦ To provide client-centered continuum of care to frail and/or cognitively impaired Geauga County Seniors. ♦ To promote independence and well-being of the program participants. ♦ To provide support, education and relief to caregivers. ♦ To provide physical, mental, and social stimulation

## Platinum Patrons

Alan & Peggy Bialosky

Reva Loewenthal and Family In Memory of Sheldon Loewenthal

Newbury School Class of 1956, In Memory of Class Members

Melissa and Richard Edsall, in memory of Mary Ann Edsall

Tom & Lisa Buckles in Memory of John Gander • Alan & Peggy Bialosky

Donald Sulhan in Memory of Elaine Sulhan • Andy Bushman

Rug Hooking Class, in loving memory of Dick Taylor

Eleanor Havel in memory of Matt Havel • Frank and Evelyn Jones

Joy Bramley, in memory of Jim Bramley and Rob Warren

Frederick and Jennie Bemberg • Dale and Jean Endle

Joanne Ruppe, In memory of Richard Ruppe

Gladys A. Boyk, In memory of Lawrence Boyk

Betty Scholz in Memory of Jean and Jerry Smith

Betty Scholz in Memory of Werner Scholz

Joan Spangenberg and Family in Memory of Dale J. Spangenberg Sr.

To become a GOLD Patron for a year, submit \$55 - Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo

## Gold Patrons

Ben Shuman • Sigmund and Rae Peck to the Gold Patrons Ellen Smith,

In Memory of Harley and Dale Smith

Gold patrons - Bainbridge AARP Chapter 4527

Cliff and Donna Wedge in Memory of Van Ruple

Loretta Welder and Liz Young in Memory of Jane Kriz

Casseday family in Memory of Roger Casseday

## The Home Energy Assistance Program, 2019-2020

In home assistance is available for completing **HEAP**

Applications.

**Eligibility** - A household whose total income is at or below 175 percent of the 2019-2020 federal poverty level. See the Chart to the right for income guidelines, as you may qualify for **HEAP** assistance.

Size of Household      Total Gross Annual Household Income

1	\$21,857.50
2	\$29,592.50
3	\$37,327.50
4	\$45,062.50
5	\$52,797.50
6	\$60,532.50
7	\$68,267.50
8	\$76,002.50

For families/households with more than 8 members, contact your local Community Action agency.

**YOU MAY BE ELIGIBLE CONTACT**

Gauga County Dept on Aging  
12555 Ravenwood Dr.  
Chardon, OH 44024  
(440)279-2130.

For more information, call toll free 1-800-282-0880. Hearing impaired applicants with a telecommunications device for the deaf (TDD) can call toll free 1-800-686-1557.

Applicants requirements at the time of application - A list of all household members and proof of income for the last 30 days and 12 months for each member, Income documents, Main and electric heating bills (if the applicant has gas and electric) regardless of account status, Proof of Citizenship, Proof of Disability if applicable, and Social Security Numbers for all household members. This Program is made Possible through a grant from the Ohio Department on Aging, through the Western Reserve Area Agency on Aging.

The Summer Crisis Program is available July 1 – August 31, The Winter Crisis Program is available Nov 1 – March 31.

# Is it Coronavirus, Flu, Cold or Seasonal Allergies?



Do you have a fever?

**YES**



Are you experiencing shortness of breath?

**YES**

You MAY have **CORONAVIRUS**.

Additional symptoms include a cough, fatigue, body or muscle aches and appear 2-14 days after exposure.

**NO**

You MAY have **THE FLU**.

Additional symptoms include cough, body or muscle aches, fatigue, sore throat and headache.

**NO**



Do you have itchy eyes?

**YES**

You MAY have **SEASONAL ALLERGIES**.

Additional symptoms include itchy, runny or stuffy nose, sneezing, headache and red, watery or puffy eyes.

**NO**

You MAY have **THE COMMON COLD**.

Additional symptoms include sneezing, runny or stuffy nose, or mild chest discomfort.

#### IF YOU HAVE CORONAVIRUS, THE FLU OR A COLD:

1. If you are sick, stay at home to avoid infecting others.
2. Get plenty of rest and sleep.
3. Drink plenty of water and other clear liquids to prevent fluid loss (dehydration).
4. Take pain relievers such as acetaminophen to relieve fever and body aches. Do not give aspirin to children.
5. Completely cover your mouth when you cough and sneeze.

#### WHEN TO CONSULT A DOCTOR:

If your symptoms don't improve or you notice new or worsening symptoms, we recommend using UH Virtual Visit or calling your primary care physician. A physician can help determine the best location for care.

For more information and the latest updates, visit [UHhospitals.org/Coronavirus](https://UHhospitals.org/Coronavirus).



© 2020 University Hospitals BRWN 1276293

# IN THIS  
TOGETHER



GEAUGA COUNTY  
DEPARTMENT ON AGING

## TAX INFORMATION

The Internal Revenue Service and the state of Ohio have extended the tax filing deadline until July 15 this year. This means you will have until July 15 to complete your tax return. If you already processed your return and owe money to either the IRS or the state your payment date does not change and will still be due April 15, 2020. The date only changes for returns still in the pending status as of April 15.

Regarding the \$1200.00 Economic Impact Payment - if you have not filed a tax return for 2018 or 2019 but receive Social Security or Railroad Retirement, the IRS will use the figures on Form SSA-1099 or RRB-1099 to generate your payment.

### Medicare Savings Programs (MSPs)

**Do you qualify for assistance with your Medicare premiums, deductibles, copays and/or coinsurance?**

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

QMB			SLMB			QI			QDWI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,061	\$ 7,730	Single	\$1,269	\$ 7,730	Single	\$1,426	\$ 7,730	Single	\$4,249	\$4,000
Married	\$1,430	\$11,600	Married	\$1,711	\$11,600	Married	\$1,923	\$11,600	Married	\$5,722	\$6,000

**Contact a Geauga Department on Aging Social Worker for assistance with your Application!**

**Deadline for the news and information items is the 5th of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12555 Ravenwood Dr. Chardon, Oh 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you

are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age of older, call (440) 279-2130.

#### Board of Commissioners

Gauga County Ohio

**James W. Dvorak**  
**Timothy C. Lennon**  
**Ralph Spidalieri**

**Please let us know if you have a change of address.**  
**Leadership Team**

**Jessica Boalt** – Director

**Kathy Petrella** – Asst. Director

**Reba Dykes** - Administrative Services Manager

**Sandy McLeod** – Senior Centers Supervisor

**Karen M. Stone** – Internal Operations Manager

Let's get together . . . while we are apart!

## Join a Senior Center ZOOM Gathering!

It's fun and easy!

Connect with your friends from the senior center, without even leaving your home! Contact your closest senior center for a complete schedule of Senior Center Zoom Gatherings, including meeting times, dates, and special event schedules!

Chardon Senior Center: 440-279-2126

Middlefield Senior Center: 440-632-0611

West Geauga Senior Center: 440-279-2163

Bainbridge Senior Center: 440-279-1313

In order to join a Zoom Gathering, you will need to have a laptop, I-pad (tablet) or Smart Phone with a camera. On both a tablet and phone, you will need to install the zoom app. You will also need to provide a valid e-mail address so we can send you links to the gatherings! When providing us with your e-mail, we will give you the simple instructions (including passcode) to join us!

# GEAUGA WORD SEARCH

A	D	M	E	W	R	U	U	C	C	D	A
L	L	E	S	S	U	R	K	C	L	A	B
B	B	K	E	B	D	D	U	I	T	O	P
H	A	U	B	U	R	N	F	T	R	A	R
A	P	N	B	E	A	E	S	S	R	A	P
M	P	O	O	B	L	E	A	K	I	O	S
B	W	O	U	D	F	U	M	G	Y	W	Y
D	A	L	D	E	R	A	G	B	R	A	Y
E	Y	I	P	E	N	A	G	W	U	B	Y
N	M	L	T	I	I	A	H	C	B	E	H
Y	O	Y	T	B	A	L	E	C	W	I	U
B	N	W	U	K	R	L	E	I	E	A	N
A	T	C	L	A	R	I	D	O	N	B	T
Q	V	H	E	O	H	U	D	S	S	E	S
U	I	E	E	B	U	Q	K	G	M	A	B
B	L	S	H	B	R	A	K	F	E	A	U
K	L	T	M	U	N	S	O	N	I	H	R
L	E	E	J	R	B	R	R	O	A	N	G
L	A	R	K	T	H	O	M	P	S	O	N
A	R	S	O	O	B	E	R	T	H	L	F
S	E	S	P	N	G	A	F	F	E	C	C

AQUILLA  
 AUBRUN  
 BAINBRIDGE  
 BURTON  
 CHARDON  
 CHESTER

HAMBDEN  
 HUNTSBURG  
 MIDDLEFIELD  
 MONTVILLE  
 MUNSON

NEWBURY  
 PARKMAN  
 RUSSELL  
 THOMPSON  
 TROY

*Answers on back page.*

# U.S. DEPARTMENT OF THE TREASURY

## Social Security Recipients Will Automatically Receive Economic Impact Payments

April 1, 2020

WASHINGTON – The U.S. Department of the Treasury and the Internal Revenue Service today announced that Social Security beneficiaries who are not typically required to file tax returns will not need to file an abbreviated tax return to receive an Economic Impact Payment. Instead, payments will be automatically deposited into their bank accounts.

*“Social Security recipients who are not typically required to file a tax return do not need to take an action, and will receive their payment directly to their bank account,” said Secretary Steven T. Mnuchin.*

The IRS will use the information on the Form SSA-1099 and Form RRB-1099 to generate \$1,200 Economic Impact Payment to Social Security recipients who did not file tax returns in 2018 or 2019. Recipients will receive these payments as a direct deposit or by paper check, just as they would normally receive their benefits.

CWRU-SIEGAL LIFELONG LEARNING is offering a wide variety of remote learning opportunities. We hope you'll consider sharing this information in your publication.

A full listing of remote lectures and courses can be found here:

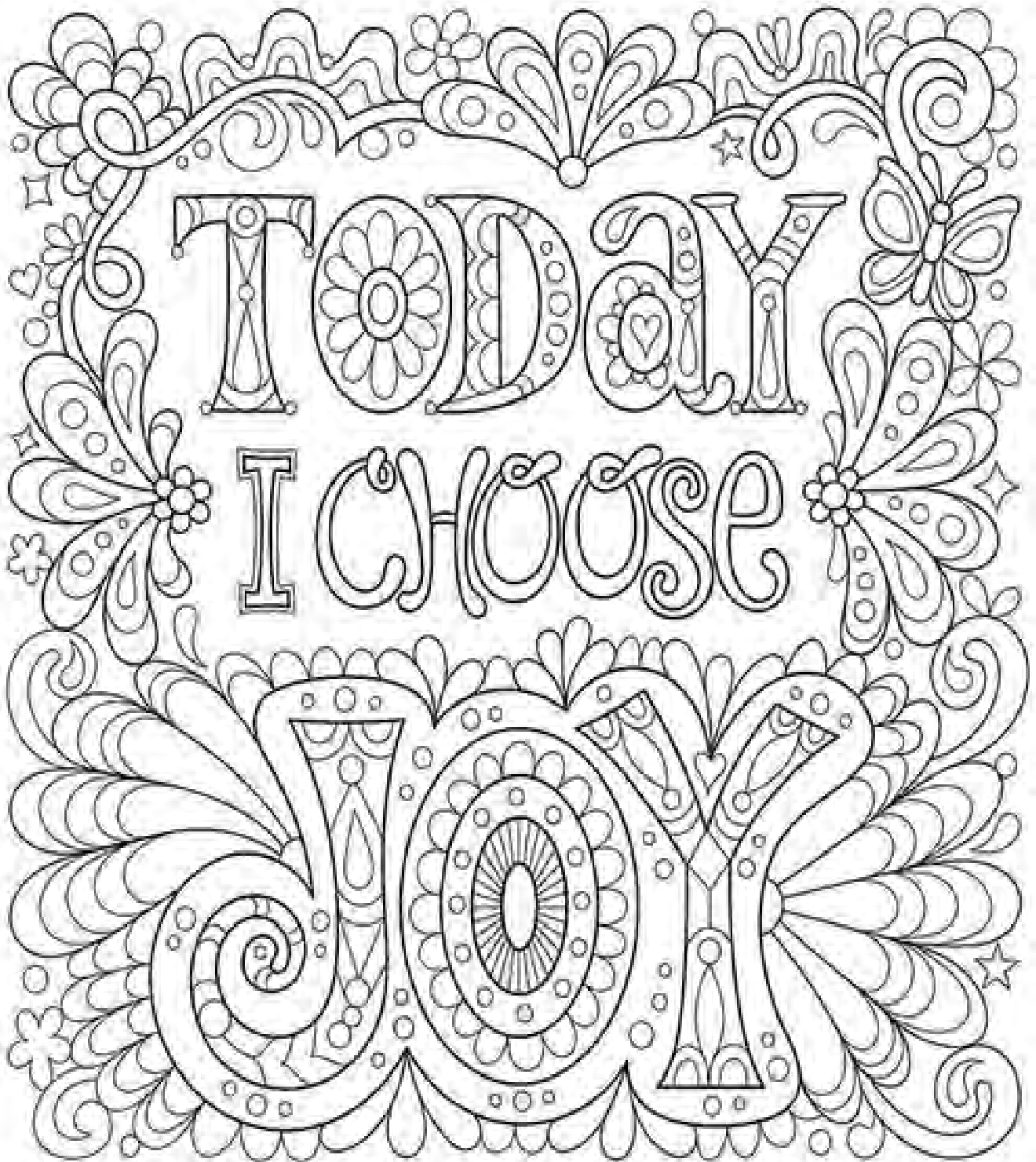
**Remote Lectures:** <https://case.edu/lifelonglearning/remote-learning/siegal-remote-lectures>

**Remote Courses:** <https://case.edu/lifelonglearning/courses/remote-courses>

### **A small selection of upcoming offerings:**

- Introduction To Reading Latin Poetry--An Authentic Approach Mondays, April -May 18 | 10-11:30 a.m.
- Reading the Brain: The Fiction of Lisa Genova Wednesdays, April 15, April 29 & May 13 | 10 a.m.-noon
- The Connections Between Sleep And Cancer: What You Need To Know April 15 | 6:00-7:30 p.m.
- Plato's Republic Fridays, April 17-May 22 | 10-11:30 a.m.
- Immigration Legislation In America: Who Gets In, Who Doesn't And Why? April 24 | 12-1:30 p.m.

# Color Me!








It's Census Time.

# Have You Responded Yet?

**It's easy, safe, and important.**

Census data informs federal funding for more than 100 programs impacting your community, including school lunches, hospitals, and fire departments.

**Respond Today.**

<b>Online</b>		<b>By Phone</b>		<b>By Mail</b>
	OR		OR	

**Questions?**

Visit [2020census.gov](https://2020census.gov)  
or call 844-330-2020.

**Shape  
your future  
START HERE >**

United States<sup>®</sup>  
**Census  
2020**

# GEAUGA COUNTY BOARD OF MENTAL HEALTH AND RECOVERY SERVICES

*From the Desk of Jim Adams, CEO*

As I write this, millions of Americans are following “Stay At Home” orders to protect themselves and others from infection by the COVID-19 virus. While helping to protect the health of essential workers, family members, and ourselves, these days of isolation and social distancing take a toll on our mental health. There is no question we are social beings, and with no clear expectation of when these limits on our activities and social contact with others may be lifted, our sense of isolation, and sometimes even fear, may lead to feelings of anxiety or depression. You aren’t alone if you are experiencing those feelings. I wanted to be sure you know that there are local, state, and national mental health and substance abuse resources available to help us all get through these critical days and weeks ahead.

The Geauga County Board of Mental Health and Recovery Services supports both phone and text lines and are available so you can talk or text with a live person 24 hours a day, 7 days a week, even if you aren’t experiencing a mental health emergency. CopeLine (call (440)285-5665, or toll free at (888)285-5665) is a local phone line for behavioral health times of crisis (mental health or substance use disorder), but also acts as a warm line for individuals who aren’t in acute crisis but just need someone to talk to. The Crisis Text Line (text 4hope to 741741) provides free support, as a confidential service, available via text on mobile devices. It is intended to provide another option for you when you are seeking help, but don’t feel like talking on the phone with a counselor.

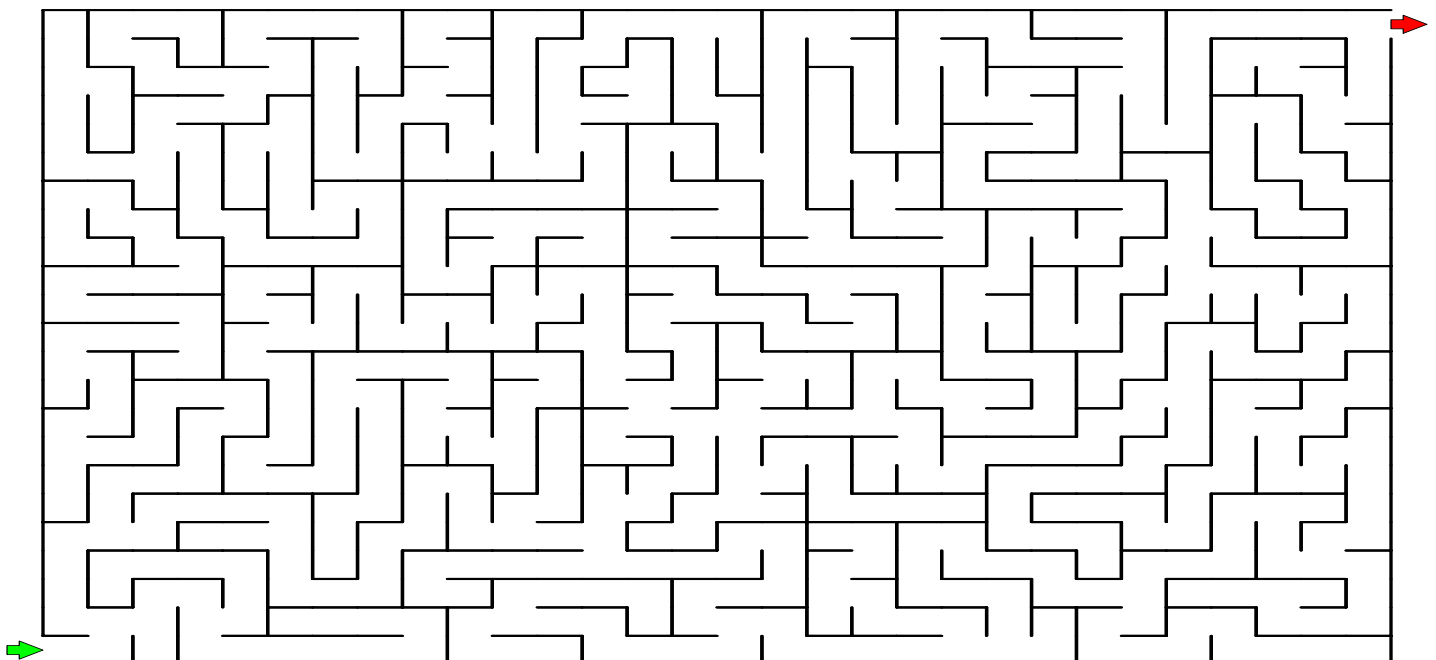
Sometimes we just need someone to talk to – so please use these free resources whenever you need them. We also continue to have crisis programs in place for those individuals experiencing an emergency, and many of our programs continue to see clients and can be accessed through phone assessments. Here are some of the other excellent resources you can access by phone or on-line:

“Straight from the Source” is an excellent resource from the Geauga County Department of Health on current and accurate Coronavirus information. Go to <http://gphohio.org/>. The link for this is on the right hand side of the screen. Geauga County Agencies: Catholic Charities (440-285-3537), Family Pride (440-286-1553), Lake-Geauga Recovery Centers (440-255-0678), NAMI Geauga (440-286-6264), Ravenwood Health (440-285-3568), WomenSafe (440-286-7154). You can also visit the Board’s website ([www.geauga.org](http://www.geauga.org)) for more information about each agency.

For more information on Ohio’s response to COVID-19, visit [coronavirus.ohio.gov](http://coronavirus.ohio.gov) or call 1-833-4-ASK-ODH (1-833-427-5634).

For behavioral health-specific Ohio information, visit: <https://mha.ohio.gov/coronavirus>.

For behavioral health-related questions, email [covid19BH@mha.ohio.gov](mailto:covid19BH@mha.ohio.gov).



**MAY 2020**  
**GEAUGA DEPARTMENT OF AGING**  
**LUNCH MENU**

*Subject to Change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 3 WG Jumbo Cheese Ravioli Spaghetti Sauce 2oz Cauliflower ½ c Broccoli ½ c Fresh Orange
4 Pepper Steak 3oz Butternut Squash ½ c Mixed Vegetables ½ c WG Biscuit 2oz Pears ½ c	5 Chicken Alfredo 4oz W.G. Fettuccini ½ c Broccoli ½ c Cauliflower ½ c Whole Grain White Applesauce ½ c	6 Meatballs 3-1oz Spaghetti 1 c w/ Tomato Sauce Brussel Sprouts ½ c Corn ½ c Tropical Fruit ½ c	7 Beef Meatloaf 3oz Gravy 2oz Mashed Potatoes ½ c Cooked Carrots ½ c 2 Whole Grain Wheat Fresh Banana	8 4x6 Cheese Pizza 1oz Breadstick 1 cup Tossed Salad w/ Dressing Corn Relish Salad ½ c Pineapple ½ c
11 Sloppy Joe 4oz Green Peas ½ c Cooked Carrots ½ c WG Hamburger Bun 2oz Pears ½ c	12 Salisbury Steak w/ gravy 3oz WG Biscuit 2oz Diced Potatoes ½ c Spinach ½ c Pineapple ½ c	13 BBQ Rib Patty 3oz Roasted Potatoes ½ c Broccoli ½ c 2 Whole Grain Wheat Fresh Orange	14 Chili Con Carne 8oz Corn ½ c Green Beans ½ c 2oz Corn Muffin Fresh Banana	15 Cold Sliced Turkey 3oz Mayo 1 PC Tomato Cuke Onion Salad ½ c Cole Slaw ½ c 2 Whole Grain Rye Mixed Fruit ½ c
18 Breaded Chicken Patty 3oz Mayo 1 PC Cooked Carrots ½ c Green Peas ½ c W. G. Hamburger Bun 2oz Peaches ½ c	19 Sliced Ham 3oz w/ Pineapple Glaze Green Beans ½ c Cheesy Potatoes ½ c Corn Muffin 2oz Applesauce ½ c	20 Breaded Fish 4oz/ Tartar 1PC Broccoli ½ c Cauliflower ½ c W.G. Dinner Roll 2oz Pears ½ c	21 Hamburger 3oz Ketchup 2 PC Sweet Potatoes ½ c Spinach ½ c Whole Grain Bun Applesauce ½ c	22 Tuna Salad 3oz 1 c Tossed Salad w/ Italian dressing 1 PC 3 bean salad ½ c 2 Whole Grain Rye Pineapple ½ c
25 Breaded Pork Pattie 3.75oz Cooked Carrots ½ c Green Beans ½ c W.G. Bun 2oz Pears ½ c	26 Hot Dog 2oz on Bun 2oz Ketchup & Mustard Baked Beans ½ c Wedge Potatoes ½ c Peaches ½ c	27 Roasted Turkey Breast 3oz Gravy 2oz Mashed Potatoes ½ c Spinach ½ c 2 Whole Grain Rye Pineapple ½ c	28 3 WG Jumbo Cheese Ravioli Spaghetti Sauce 2oz Cauliflower ½ c Broccoli ½ c Fresh Banana	29 Roasted Turkey Breast 3oz Gravy 2oz Mashed Potatoes ½ c Spinach ½ c 2 Whole Grain Rye Pineapple ½ c

**ATTENTION:** The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

**Geauga Department on Aging**  
 12555 Ravenwood Drive  
 Chardon, Ohio 44024

**ADDRESS  
 SERVICE  
 REQUESTED**

Days: Monday through Friday  
 Hours: 8:00 am to 4:30 pm  
 440-279-2130

MAY

**NON PROFIT  
 U.S. Postage  
 PAID  
 Cleveland OH  
 Permit No. 498**

**To stop this mailing,** contact the Geauga County Dept. on Aging, 440-279-2130 This newsletter is supported by the many advertisers, individual donation and the Geauga Senior Services Levy.

**# IN THIS  
 TOGETHER**   
**GEAUGA COUNTY  
 DEPARTMENT ON AGING**

# Answers & Fun

**GEAUGA WORD SEARCH**

										D	
L	L	E	S	S	U	R			L		
								I			P
H	A	U	B	U	R	N	F	T		A	
A		N				E			R		
M			O		L			K		O	
B				D			M		Y		Y
D	A		D		R	A			R		
E		I			N	A			U		
N	M		N			A	H		B		H
Y	O			B		L		C	W		U
B	N				R	L			E		N
A	T	C	L	A	R	I	D	O	N		T
	V	H				U	D				S
		I	E			Q		G			B
	L	S		B		A			E		U
	L	T	M	U	N	S	O	N			R
	E	E		R							G
		R		T	H	O	M	P	S	O	N
				O							
				N							

