

## GDA Webex Schedule - June 2020



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<b>9:30 am</b> - Coffee & Conversation	<b>9:30 am</b> - Coffee & Conversation	<b>9:30 am</b> - Coffee & Conversation	<b>9:30 am</b> - Coffee & Conversation	<b>9:30 am</b> - Coffee & Conversation
<b>10 am</b> - Exercise w/ Sandy <b>(West Geauga)</b>	<b>10 am</b> - Exercise w/ Sandy <b>(West Geauga)</b>	<b>10 am</b> - Chair Exercise <b>(Bainbridge)</b>	<b>10 am</b> - Exercise w/ Sandy <b>(West Geauga)</b>	<b>10 am</b> - Chair Exercise <b>(Bainbridge)</b>
<b>11 am</b> - Fun & Games <b>(Bainbridge)</b>	<b>11 am</b> - Fun & Games <b>(West Geauga)</b>	<b>11 am</b> - Fun & Games <b>(Chardon)</b>	<b>11 am</b> - Fun & Games <b>(Bainbridge)</b>	<b>11 am</b> - Fun & Games <b>(Chardon)</b>
<b>1 pm</b> - Speaker Series <b>(Bainbridge)</b>	<b>12:15 pm</b> - Taproot Yoga <b>(Bainbridge)</b>	<b>1 pm</b> —Speaker Series <b>(Bainbridge)</b>	<b>12:15 pm</b> - Taproot Yoga <b>(Bainbridge)</b>	<b>1 pm</b> - Spanish Class <b>(Chardon)</b>
<b>2 pm</b> - Balance Class <b>(West Geauga)</b>	<b>1 pm</b> - Speaker Series <b>(Chardon)</b>	<b>2 pm</b> - Balance Class <b>(West Geauga)</b>	<b>1 pm</b> - Speaker Series <b>(West Geauga)</b>	<b>2 pm</b> - Balance Class <b>(Bainbridge)</b>
	<b>2 pm</b> - Balance Class <b>(Chardon)</b>		<b>2 pm</b> - Balance Class <b>(Chardon)</b>	

Here is the GDA Webex schedule for the month of June. Centers will have a half hour of socialization every morning at 9:30 a.m. Please call the senior center that is hosting the event you would like to attend at least a half-hour before the scheduled start time of that event. Hosting centers are listed in bold next to each event. If you have questions or need technical support, please call Becky or David at the Bainbridge Senior Center.

**Bainbridge (440) 279-1313**

**Chardon (440) 279-2126**

**West Geauga (440) 279-2163**



# What's New in this Issue

Geauga County  
Department on Aging

GDA WEBEX SCHEDULE.....	1
INDEX.....	2
ADULT DAY SERVICES.....	2
PATRONS (PLATINUM & GOLD).....	3
HEAP.....	3
UH: FLATTENING THE CURVE.....	4
TAX INFORMATION.....	5
MEDICARE SAVINGS.....	5
COVID CARELINE.....	5
VETERAN ID CARDS.....	6
YOUR HEALTHCARE DECISIONS.....	6
WORLD ELDER ABUSE AWARENESS DAY.....	7
#JUST DON'T ANSWER.....	7
LETTER FROM GEAUGA COUNTY HEALTH COMMISSIONER.....	8
COVID UPDATE.....	9
TRASH PICK-UP SCHEDULE FOR BAINBRIDGE SENIORS.....	10
OHIO HEALTH DEPARTMENT.....	10
LUNCH MENU.....	11
SENIOR SCAM.....	12

## Get “Extra Help” With Medicare Part D Prescription Drug Costs!

Extra Help is a Medicare program that helps people with limited income and resources pay Medicare prescriptions drug costs. You may qualify if your monthly income and total resources are below these limits: Single: \$1,561/monthly with resources below \$14,390; or Married \$2,114/monthly with resources below \$28,720. **Contact a Department on Aging Social Worker for assistance with your application!** This project was supported, in part by grant number/s 1801OHMIDR and 1801OHMIAA from the U.S. Administration for Community Living, Department of Health and Human Services, and Washington, D.C. 20201.

**When the GDA re-opens** the Adult Day Service program is a FREE service for Geauga County residents who have beginning to mid stage dementia or Alzheimer’s disease. The program is offered Monday through Friday, 9:00 AM to 2:30 PM and includes transportation, daily activities and lunch. There is no charge for this program, but donations are greatly appreciated. ADS is located at 8090 Cedar Road in Chesterland. ADS Contact phone number (440) 279-2149, or email [vkrueger@co.geauga.oh.us](mailto:vkrueger@co.geauga.oh.us).

Scope of Service: ♦ To provide client-centered continuum of care to frail and/or cognitively impaired Geauga County Seniors. ♦ To promote independence and well-being of the program participants. ♦ To provide support, education and relief to caregivers. ♦ To provide physical, mental, and social stimulation

## Platinum Patrons

Alan & Peggy Bialosky

Reva Loewenthal and Family In Memory of Sheldon Loewenthal

Newbury School Class of 1956, In Memory of Class Members

Melissa and Richard Edsall, in memory of Mary Ann Edsall

Tom & Lisa Buckles in Memory of John Gander • Alan & Peggy Bialosky

Donald Sulhan in Memory of Elaine Sulhan • Andy Bushman

Rug Hooking Class, in loving memory of Dick Taylor

Eleanor Havel in memory of Matt Havel • Frank and Evelyn Jones

Joy Bramley, in memory of Jim Bramley and Rob Warren

Frederick and Jennie Bemberg • Dale and Jean Endle

Joanne Ruppe, In memory of Richard Ruppe

Gladys A. Boyk, In memory of Lawrence Boyk

Betty Scholz in Memory of Jean and Jerry Smith

Betty Scholz in Memory of Werner Scholz

Joan Spangenberg and Family in Memory of Dale J. Spangenberg Sr.

To become a GOLD Patron for a year, submit \$55 - Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo

## Gold Patrons

Ben Shuman • Sigmund and Rae Peck to the Gold Patrons Ellen Smith,

In Memory of Harley and Dale Smith

Gold patrons - Bainbridge AARP Chapter 4527

Cliff and Donna Wedge in Memory of Van Ruple

Loretta Welder and Liz Young in Memory of Jane Kriz

Casseday family in Memory of Roger Casseday

## The Home Energy Assistance Program, 2019-2020

In home assistance is available for completing **HEAP**

Applications.

**Eligibility** - A household whose total income is at or below 175 percent of the 2019-2020 federal poverty level. See the Chart to the right for income guidelines, as you may qualify for **HEAP** assistance.

Size of Household	Total Gross Annual Household Income
1	\$21,857.50
2	\$29,592.50
3	\$37,327.50
4	\$45,062.50
5	\$52,797.50
6	\$60,532.50
7	\$68,267.50
8	\$76,002.50

For families/households with more than 8 members, contact your local Community Action agency.

**YOU MAY BE ELIGIBLE CONTACT**

Gauga County Dept on Aging  
12555 Ravenwood Dr.  
Chardon, OH 44024  
(440)279-2130.

For more information, call toll free 1-800-282-0880. Hearing impaired applicants with a telecommunications device for the deaf (TDD) can call toll free 1-800-686-1557.

Applicants requirements at the time of application - A list of all household members and proof of income for the last 30 days and 12 months for each member, Income documents, Main and electric heating bills (if the applicant has gas and electric) regardless of account status, Proof of Citizenship, Proof of Disability if applicable, and Social Security Numbers for all household members. This Program is made Possible through a grant from the Ohio Department on Aging, through the Western Reserve Area Agency on Aging.

The Summer Crisis Program is available July 1 – August 31, The Winter Crisis Program is available Nov 1 – March 31.



**Thank you for staying home and flattening the curve...**  
***Now, we can take care of you.***

By staying safe at home and practicing social distancing, our community has helped flatten the curve and ensured University Hospitals did not become overwhelmed.

Safety has always been a key element of patient care at UH. We are following COVID-19-related guidelines from the U.S. Centers for Disease Control and the Ohio Department of Health to keep our patients safe at our hospitals and physician offices. We will continue to provide excellent care in a safe environment, even though things may look and feel a little different.

You can now return to UH for services, including:

- **All doctor visits.**
- **All imaging procedures, diagnostic tests and labs.**
- **All outpatient surgeries**, not requiring a planned overnight stay.
- **Treatment of pain or severe symptoms** that interfere with your daily life.

The following services continue to be open to meet your immediate healthcare needs:

- **Emergency care**
- **Orthopedic injury care**
- **Urgent care**

**Schedule an Appointment with UH by visiting [UHhospitals.org/Doctors](https://UHhospitals.org/Doctors) or by calling 440-901-5999.**

**To learn how UH is keeping you safe, visit [UHhospitals.org/Safety](https://UHhospitals.org/Safety).**

### **Upcoming Health Talks**

University Hospitals is committed to helping our patients and the Northeast Ohio community manage their health and well-being. That is why UH is bringing our health experts to you through a series of virtual health talks. The virtual seminars will include a presentation by physicians who are experts in their field, followed by a Q&A session. These events are free but registration is required. Visit [UHhospitals.org/Health-Talks](https://UHhospitals.org/Health-Talks) to learn more.

## TAX INFORMATION

The Internal Revenue Service and the state of Ohio have extended the tax filing deadline until July 15 this year. This means you will have until July 15 to complete your tax return.

Regarding the \$1200.00 Economic Impact Payment - if you have not filed a tax return for 2018 or 2019 but receive Social Security or Railroad Retirement, the IRS will use the figures on Form SSA-1099 or RRB-1099 to generate your payment.

### Medicare Savings Programs (MSPs)

**Do you qualify for assistance with your Medicare premiums, deductibles, copays and/or coinsurance?**

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

QMB			SLMB			QI			QDWI		
<u>Limits:</u>	Income	Assets	<u>Limits:</u>	Income	Assets	<u>Limits:</u>	Income	Assets	<u>Limits:</u>	Income	Assets
Single	\$1,061	\$ 7,730	Single	\$1,269	\$ 7,730	Single	\$1,426	\$ 7,730	Single	\$4,249	\$4,000
Married	\$1,430	\$11,600	Married	\$1,711	\$11,600	Married	\$1,923	\$11,600	Married	\$5,722	\$6,000

**Contact a Geauga Department on Aging Social Worker for assistance with your Application!**

**Deadline for the news and information items is the 5th of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12555 Ravenwood Dr. Chardon, Oh 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you

are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130.

#### Board of Commissioners

Gauga County Ohio

**James W. Dvorak**  
**Timothy C. Lennon**  
**Ralph Spidalieri**

**Please let us know if you have a change of address.**

#### Leadership Team

**Jessica Boalt** – Director

**Kathy Petrella** – Asst. Director

**Reba Dykes** - Administrative Services Manager

**Sandy McLeod** – Senior Centers Supervisor

**Karen M. Stone** – Internal Operations Manager

### TOLL-FREE COVID CARELINE

From the Desk of Jim Adams, CEO  
Gauga Board of Mental Health and  
Recovery Services



#### **Toll-Free 'COVID Careline' Opened to Provide Emotional Support for Ohioans**

The Ohio Department of Mental Health and Addiction Services has launched a new, toll-free Careline to provide emotional support for Ohioans who are experiencing stress, anxiety, fear, sadness and loneliness amid the COVID-19 pandemic. Ohioans may call **1-800-720-9616** to connect with trained counselors for 24/7 support. The Careline is staffed by credentialed counselors who have been trained to provide free, confidential support for a wide range of needs, including mental health concerns, substance use, problem gambling, and more. Individuals experiencing an acute crisis can still reach out to the Ohio Crisis Text Line (keyword 4HOPE to 741 741) or the National Suicide Prevention Lifeline (1-800-273-8255) or locally in Geauga County call CopeLine at (440) 285-5665.

## **VETERAN ID CARDS**

### **A PROGRAM TO SUPPORT OHIO'S VETERANS THROUGH A PARTNERSHIP WITH COUNTY RECORDERS' AND COUNTY VETERANS SERVICE COMMISSION OFFICES.**

As the local officials responsible for maintaining veterans' military service discharge records, Ohio's County Recorders' recognized a need in the Veteran community for a photo ID card which can be conveniently used as proof of military service. The Ohio Recorders' Association proposed legislation with former State Representatives Lou Terhar and Marlene Anielski and worked to make the Veteran ID card official as a service to our veterans, and it became law in 2016.

A Veteran ID Card fits in your wallet and may be used as proof of military service; as valid voter identification; to receive benefits or discounts at participating retail establishments and restaurants; and, to obtain duplicate and/or certified copies of your Original or Properly Certified Military Discharge papers, commonly known as a Form DD-214, quickly and easily.

Form DD-214's are used to document military service in a number of cases including V.A. loans, V.A. hospital services, student loans, identification and burial benefits. It is very strongly advised to record a Veteran's Discharge Record to prevent unfortunate circumstances such as fire, loss or destruction of the document.

To obtain a Veteran ID Card, a Veteran must first visit their County Recorder to record their DD-214 and provide two (2) forms of identification, one being a picture ID such as a Driver's License. There is no fee for recording a DD-214 document in the Recorder's office, although a Veteran ID card may cost up to \$2. Dishonorable discharge status is not acceptable to receive a Veteran ID Card.

Veteran ID Cards may be issued by the local County Recorder's Office and by the local Veterans Service Commission's office. To find out if the program is available in your county, please call either your local County Recorder's Office or local Veterans Service Commission's office.

## **WHO WILL MAKE YOUR HEALTH CARE DECISIONS IF YOU ARE NOT ABLE?**

Do you have Advance Directives in place? Join us for an informative free program to consider and make your plan; the presentation dates are September 15 at the Bainbridge Senior Center at 10:30AM, October 1 at the West Geauga Senior Center at noon, and October 27 at the Chardon Senior Center Senior Center at noon. Signing of documents will take place at the Bainbridge Senior Center on September 22 at 10:30AM, the West Geauga Senior Center on October 8 at 10:30AM, and at the Chardon Senior Center on November 4 at 10:30AM.

The Geauga County Bar Association Advance Directives Committee and Hospice of the Western Reserve will present information and answer questions regarding health care powers of attorney and living wills at the first scheduled meeting. They will distribute the standard forms and return the following week with attorneys from the Geauga Bar, who will help you complete the forms and notarize them. This will allow you time to think about what you personally want and who you would want speaking on your behalf if you can't.

To register at the Bainbridge Senior Center in September, call (440) 279-1313.

To register at West Geauga Senior Center in October, call (440) 279-2163.

To register at Chardon Senior Center in October and November, call (440) 279-2126.



# WORLD ELDER ABUSE AWARENESS DAY

Building Strong Support for Older People

June is Elder Abuse Awareness month. Geauga County Job and Family Services would like to take this opportunity to promote awareness and education about this topic. According to the Administration for Community Living, each year, an estimated 5 million older adults are abused, neglected, or exploited.

Gauga County Adult Protective Services investigates abuse, neglect, exploitation, and self-neglect for those that are at least 60 years old and have an infirmity of aging (including but not limited to physical and/or mental impairments) which prevents the adult from providing for the adult's own care or protection. In addition, the adult must reside in an independent living situation.

In 2019, Geauga County Job and Family Services investigated 171 cases.

In addition to the investigations to ensure the adult's safety, our agency can assist in linking with appropriate services that will help promote the adult's protection and wellbeing and prevent future abuse, neglect, self-neglect, and exploitation.

To reach Adult Protective Services to make a referral, Monday through Friday from 8:00am-4:30pm you can contact our social services intake line at 440-285-9141. Our agency is available 24-7 to take any referrals related to this matter, therefore afterhours our agency can be reached via the Copeline at 440-285-5665. Our agency continues to take phone calls about abuse/neglect and provide services to the older adults in our community during this current pandemic of COVID-19.

Should you want any further information about Adult Protective Services in Geauga County, feel free to contact Kristina Miller at 440-285-1286.

**World Elder Abuse Awareness Day is June 15, 2020.  
Wear Purple on June 15 to support  
ELDER ABUSE AWARENESS.**

**Ohio Attorney General Dave Yost** reminds all Ohioans that robocall scams regarding #COVID19 #Coronavirus are on the rise. The best action is #JustDontAnswer. Report #robocalls at OhioProtects.org.

**[www.OhioProtects.org](http://www.OhioProtects.org)  
1-800-282-0515**

If you receive unwanted robocalls, report them to the Ohio Attorney General's Robocall Enforcement Unit by texting "ROBO" to 888111, calling 1-800-282-0515 or visiting [www.OhioProtects.org](http://www.OhioProtects.org).

**REMEMBER:**  
When it comes to robocalls,  
**#JUSTDONTANSWER**

**DAVE YOST**  
OHIO ATTORNEY GENERAL



## **GEAUGA PUBLIC HEALTH<sup>SM</sup>**

*Promoting and Protecting Community Health*

470 Center St., Building 8, Chardon, OH 44024-1071  
440.279.1900    [www.geaugacountyhealth.org](http://www.geaugacountyhealth.org)

Thomas Quade, MA, MPH, CPH, FRSPH  
Health Commissioner

---

An Open Letter to the People of Geauga County, Ohio dated May 8, 2020

To All Who Live, Work, Play, or Pray in Geauga County:


We share this wonderful county, state, and country with one another. We have been blessed with many wonderful opportunities that we have created, together. I believe that, without exception, we all want to continue to share in the economic success, in the expression of our civil liberties, and in the security of our own and others' safety and health. We share these common health goals and these civic values and they are in no way indelibly mutually exclusive of one another.

The path forward is also one we will travel together as Americans. Whether we move forward with personal choices that express our independence or our sense of community, or both, our history with communicable disease outbreaks informs us that our path through and out of this current pandemic is one that will be more readily achieved if we move together with a common cause using shared best practices and strategies.

The public health leaders at the national, state, and local level learn more each day about this virus, its mechanisms of transmission, and its prevalence in the community. We do not value Constitutional Rights or personal freedoms any less than anyone else. Those American values are treasured and exercised by all of us. They are as durable as our history of public health in this country. Our nation's first local public health director was installed in Boston in 1799. He led a local disease control effort to prevent an outbreak of cholera. His name was Paul Revere.

What Paul Revere knew then and what we know now is that we can, without ceding those inherently American values and practices, work in unity as Americans, Ohioans, and Geaugans to protect one another when the circumstances of the times call us to collective action. There has been no great campaign in times of war or peace or in times of economic crisis or prosperity, where everyone was in agreement but we have shown that when we unite we can overcome adversity when it comes our way.

I ask you all to take action together, not because anyone ordered it and not because anyone feels like they're being called out, shamed, or "guilted" into action, but because we will all be better quicker if we choose for whatever the reason to act together. I am calling on you to please use the information that has been shared about how to protect one another to do just that. Let's avoid a second hump in that curve that you so effectively flattened once to assure healthcare capacity. Just because there is still room in the ICU doesn't mean that we want to use it. We may never know the people we have protected with our choice to practice distancing and wearing our masks. Those people are likely strangers to us but they are just as likely to mean the world to someone else.

Yours in Service,  
  
Tom Quade,  
Geauga County Health Commissioner

# IN THIS  
TOGETHER   
GEAUGA COUNTY  
DEPARTMENT ON AGING



## **Geauga County Department on Aging (GDA)**

Address: 470 Center Street, Building #2, Chardon, Ohio 44024

Phone number: 440-279-2130

E-mail/point of contact for public questions:

<https://www.co.geauga.oh.us/Departments/Aging> ; or

<https://www.facebook.com/GeaugaCountyDepartmentonAging/>

### **Special considerations for opening/hours/adjusted public regulations/face covering requirement?**

- All routine office appointments, out of county medical transportation, senior trash pick-up and on-site Senior Center/ADS programming have been postponed until further notice.
- Urgent or Critical matters that cannot be addressed over the phone or postponed, may be scheduled a face to face appointment at the Agency's discretion. Anyone scheduled for a face to face appointment must comply with social distancing and wear a face covering while in our facility. Walk-in appointments are not available.
- Our staff are working and available to provide assistance, information and referrals to community partners over the phone. Please do not hesitate to call our office - we are here to help.
- Our Home Delivered Meals program continues to operate as usual. Seniors interested in receiving Home Delivered Meals can call 440-279-2138 to receive a Home Delivered Meals Eligibility Assessment.
- Congregate Meals "To-Go" are available for pick up at each of our Senior Center locations. Seniors interested in receiving a Congregate Meal "To-Go" should call their local Senior Center by 9:00 a.m. the days they would like to pick up a meal. Offered Monday through Friday.
- Seniors Centers are offering distance programming and recreation resources. Please contact your local senior center for more information.
  - Chardon Senior Center: 440-279-2126
  - Middlefield Senior Center: 440-632-0611
  - West Geauga Senior Center: 440-279-2163
  - Bainbridge Senior Center: 440-279-1313
- Non Perishable Food Items and Food Pantry Assistance are available. Our staff can assist with supplying basic nonperishable food items through our Senior Food Pantry or Local Food Pantry and then deliver these items to Geauga County seniors. Non-perishable food donations to support the senior food pantry are greatly appreciated. Donations are accepted Monday through Friday 8am-4pm at 470 Center Street #2, Chardon.
- The Senior Home Safety Program is providing limited services on a case by case basis, for issues concerning safety, security and accessibility in and around the home. Seniors in need of Home Safety Services for immediate safety or accessibility issues should call 440-279-2130 for assistance and/or referrals.
- We appreciate your understanding and support as we take responsible actions for the safety of our staff, seniors and our community.
- If you have questions or need additional information please call the GDA Administrative Office at (440) 279-2130, Monday through Friday - 8:00 a.m. until 4:30 p.m.

## **ATTENTION BAINBRIDGE TOWNSHIP SENIORS**

### ***BAINBRIDGE TWP. HAS RE-SCHEDULED THEIR SENIOR TRASH PICK-UP DAYS***

The Bainbridge Township Trustees are joining forces with the Geauga County Department on Aging for the 2020 Bainbridge Senior Trash Pick-Up Days.

**New dates are June 8th, 9th, and 10th, 2020**

Please have items outside home or garage Sunday, June 7, 2020, the evening before the pick-up.

#### **Sign Up Is EASY-HERE'S HOW:**

- First, register and complete the trash pick-up intake with the Geauga County Department on Aging at 440-279-2130 by June 1, 2020 or earlier. (Please note, to receive trash pick-up assistance, you must be 60 years of age or older and live in Bainbridge Township).
- What Bainbridge Twp. will take: Tires, batteries, appliances (washers, dryers, stoves, refrigerators, freezers, dishwashers, propane tanks, a TV, old furniture, mattresses and other unwanted items. Please note the following guidelines: To prevent possible bed bug transferal (or other pest), all mattresses, couches and upholstered furniture **MUST** be wrapped in plastic and taped securely or they will not be taken.
- What Bainbridge Twp. won't take: Unused medications, hazardous chemicals, oil, paints and solvents, pesticides, yard waste, garbage, construction or debris. Residents are reminded that newspapers, magazines and cardboard are recyclable. Separate them out for recycling at a later date. Residents are also asked not to bring items that can easily be disposed of in the resident's weekly curbside pickup.

The Bainbridge Township Road Crew and the Department on Aging cannot enter homes. All refuse items must be outside by garages, out buildings or in the driveway. Please **DO NOT** leave items by curbside.

***Limit to 10 household items per home Please.***

For more information on the pick-up and to register for the pick-up, call the Department on Aging weekdays 8:00 AM – 4:30 PM at (440) 279-2130.

## **FROM THE OHIO DEPARTMENT OF HEALTH**

COVID-19 Update: Pandemic EBT, Additional Services to Reopen, Staying Connected  
May 12, 2020 | COVID-19

(COLUMBUS, Ohio)—Ohio Governor Mike DeWine, Lt. Governor Jon Husted, and Dr. Amy Acton, MD, MPH, today provided the following COVID-19 updates.

#### **OLDER ADULTS - STAYING CONNECTED:**

To help ensure that older Ohioans stay connected while staying at home, Ohio Department of Aging Director Ursel McElroy announced a new service today that will provide a daily check-in by phone for Ohioans age 60 or older.

The Staying Connected program will call older adults who sign up for the service during a predetermined window of time. When participants answer the phone, they will be asked to respond via touch-tone to confirm that they are OK or to access live support.

If no one answers after three attempts, a call is then made to an alternate contact (if provided) or to non-emergency services. The service can be canceled at any time.

“Especially during this very challenging time, we encourage older Ohioans to sign up for the Ohio Department of Aging’s Staying Connected phone program. This program will help reduce isolation and support the health and well-being of older adults in our state,” said Robert Cornwell, Executive Director, Buckeye State Sheriff’s Association.

Eligible Ohioans can sign up at [aging.ohio.gov](http://aging.ohio.gov) or by calling 1-800-266-4346.

Staying Connected is not an emergency response service, and participants should always use 911 or their emergency response system if they are injured or in need of emergency assistance.

**JUNE 2020**  
**GEAUGA DEPARTMENT OF AGING**  
**LUNCH MENU**

*Subject to Change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Hawaiian Chicken 3oz Rice Pilaf ½ c Green Beans ½ c Whole Grain Wheat Fresh Banana	<b>2</b> 3 WG Jumbo Cheese Ravioli Spaghetti Sauce 2oz Cauliflower ½ c Broccoli ½ c Fresh Orange	<b>3</b> Pepper Steak 3oz Butternut Squash ½ c Mixed Vegetables ½ c WG Biscuit 2oz Pears ½ c	<b>4</b> Chicken Alfredo 4oz W.G. Fettuccini ½ c Broccoli ½ c Cauliflower ½ c Whole Grain White (2) Applesauce ½ c	<b>5</b> Meatballs 3-1oz Spaghetti Sauce 2oz Tomato Sauce Brussel Sprouts ½ c Corn ½ c Tropical Fruit ½ c
<b>8</b> Beef Meatloaf 3oz Gravy 2oz Mashed Potatoes ½ c Cooked Carrots ½ c Whole Grain Wheat (2) Fresh Banana	<b>9</b> 4x6 Cheese Pizza Breadstick 1oz Corn ½ c Green Peas ½ c Pineapples ½ c	<b>10</b> Sloppy Joe 4oz Green Peas ½ c Cooked Carrots ½ c WG Hamburger Bun 2oz Pears ½ c	<b>11</b> Salisbury Steak w/ gravy 3oz WG Biscuit 2oz Diced Potatoes ½ c Spinach ½ c Pineapples ½ c	<b>12</b> BBQ Rib Patty 3oz Roasted Potatoes ½ c Broccoli ½ c Whole Grain Wheat (2) Fresh Orange
<b>15</b> Chili Con Carne 8oz Corn ½ c Green Beans ½ c Corn Muffin 2oz Fresh Banana	<b>16</b> Cold Sliced Turkey 3oz Mayo 1 PC Tomato Cuke Onion Salad ½ c Cole Slaw ½ c Whole Grain Rye (2) Mixed Fruit ½ c	<b>17</b> Breaded Chicken Patty 3oz Mayo 1 PC Cooked Carrots ½ c Green Peas ½ c W. G. Hamburger Bun 2oz Peaches ½ c	<b>18</b> Sliced Ham 3oz w/Pineapple Glaze Green Beans ½ c Cheesy Potatoes ½ c Corn Muffin 2oz Applesauce ½ c	<b>19</b> Breaded Fish 4oz Tartar 1PC Broccoli ½ c Cauliflower ½ c W.G. Dinner Roll 2oz Pears ½ c
<b>22</b> Hamburger 3oz Ketchup 2 PC Sweet Potatoes ½ c Spinach ½ c Whole Grain Bun Applesauce ½ c	<b>23</b> Tuna Salad 3oz 1 c Tossed Salad w/ Italian dressing 1 PC 3 bean salad ½ c Whole Grain Rye (2) Pineapples ½ c	<b>24</b> Breaded Pork Pattie 3.75oz Cooked Carrots ½ c Green Beans ½ c W.G. Bun 2oz Pears ½ c	<b>25</b> Hot Dog 2oz on Bun 2oz Ketchup & Mustard Baked Beans ½ c Wedge Potatoes ½ c Peaches ½ c	<b>26</b> Roasted Turkey Breast 3oz Gravy 2oz Mashed Potatoes ½ c Spinach ½ c Whole Grain Rye (2) Pineapples ½ c
<b>29</b> Hawaiian Chicken 3oz Rice Pilaf ½ c Green Beans ½ c Whole Grain Wheat Fresh Banana	<b>30</b> 3 WG Jumbo Cheese Ravioli Spaghetti Sauce 2oz Cauliflower ½ c Broccoli ½ c Fresh Banana			

**ATTENTION:** The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

**Geauga Department on Aging**  
12555 Ravenwood Drive  
Chardon, Ohio 44024

# IN THIS  
TOGETHER   
GEAUGA COUNTY  
DEPARTMENT ON AGING

**ADDRESS  
SERVICE  
REQUESTED**

Days: Monday through Friday  
Hours: 8:00 am to 4:30 pm  
440-279-2130

JUNE

**To stop this mailing,** contact the Geauga County Dept. on Aging. 440-279-2130 This newsletter is supported by the many advertisers, individual donation and the Geauga Senior Services Levy.

NON PROFIT  
U.S. Postage  
**PAID**  
Cleveland OH  
Permit No. 498

OHIO  
**SMP SCAM WATCH**  
CORONAVIRUS (COVID-19)

Be on the lookout for scams that could arise from the coronavirus (COVID-19) pandemic.

As a reminder:

- Do not give out your Medicare number to anyone other than your doctor, health care provider, or other trusted representative.
- Be cautious of anyone going door-to-door to offer free coronavirus testing, supplies, or treatments.
- Don't fall for scare tactics or time sensitive offers.

Contact Ohio SMP for questions or to report Medicare fraud, error, or abuse at **1-800-488-6070** or at [proseniors.org](http://proseniors.org)